

## BREAST CANCER AWARENESS

OCTOBER 2021

SPECIAL ISSUE

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### Thank you for your support!

For more information visit our donation page at [www.circleoflovexo.org](http://www.circleoflovexo.org)

Over 800 in-kind donations have been received and sent to 9 local Breast Care Centers. YOU help provide comfort to so many. Thank you.



### Did You Know:

According to the **American Cancer Society**:

- About 85% of breast cancers occur in women who have no family history of breast cancer. These occur due to genetic mutations that happen as a result of the aging process and life in general, rather than inherited mutations.
- The most significant risk factors for breast cancer are sex (being a woman) and age (growing older)
- In 2021, about 2,650 men are expected to be diagnosed with the disease, and an estimated 530 men are expected to die from breast cancer. For men, the lifetime risk of being diagnosed with breast cancer is about 1 in 833.

## CANCER COMFORT PATTERNS



### Mini Portacath Pillows

A mini (2") version of our seat belt pillows, these are placed around bra strap to prevent pressure on port.

Pattern can be found on our Pinterest page



### Chemo Jersey Knit Headbands

When it's too hot for a hat, these stretchy knit headbands are cool and comfortable

Pattern link: [Likeflowersandbutterflies: Twisted knot knit headband tutorial](#)

## MAKING A DIFFERENCE

"I am so thankful for the comfort items supplied to me by Circle of Love XO for the women diagnosed with breast cancer. The patterns of the material are so cheerful! The lumpectomy/mastectomy pillows and drain bags help them manage their care after surgery which can be an emotionally stressful and physically painful time. When I give the items to them before surgery, the women comment on how pretty they are. After surgery, they comment how much they love those pillows and drain bags. The Knitted Knockers help women who have undergone mastectomy feel whole again. Thank you for all you do!"

Barbara Heinzmann, Nurse Navigator

"Your beautiful items are displayed in a basket on my desk. I enjoy watching our new patients stop to "shop" your fun goodies! All your items are great and are definitely appreciated and used well!! Thanks for everything!"

Mary Beth Flynn RN, BSN, MA, OCN  
Nurse Coordinator



### Mastectomy/lumpectomy pillows

Used to provide comfort to sensitive surgical areas, these pillows have become a favorite.

Pattern link can be found on our Pinterest page

We are proud to be associated with [Knittedknockers.org](http://Knittedknockers.org) providing breast prostheses.

CONTACT US [circleoflovexo@gmail.com](mailto:circleoflovexo@gmail.com) or [CircleOfLoveXO.org](http://CircleOfLoveXO.org)